



LOYOLA COLLEGE (AUTONOMOUS), CHENNAI – 600 034

M.A. DEGREE EXAMINATION – SOCIAL WORK

FOURTH SEMESTER – APRIL 2014

SW 4955 - COUNSELLING

Date : 04/04/2014
Time : 01:00-04:00

Dept. No.

Max. : 100 Marks

SECTION - A

Answer all the questions not exceeding 50 words.

10x2=20 marks

1. Define Counseling
2. Mention Four Goals of Counseling
3. Give two differences between voluntary and involuntary Clients..
4. Enlist four Important skills required for an effective Counselor
5. What is Systematic De-sensitization?
6. Expand: a). HALT b). REI
7. Define Personality.
8. What do you mean by " Termination in counselling"?
9. What are Strokes in Transactional Analysis?
10. Define Sublimation with an example.

SECTION - B

4x10=40 marks

Answer any FOUR of the following questions not exceeding 300 Words.

11. Discuss any two types of Counseling with examples from your Field work experience
12. Throw light on Gestalt Therapy and its relevance to Counseling
13. Comment on the significance of Counseling Relationship
14. Write a Short note on the characteristics of Counsellors as Helpers
15. Briefly explain the role of Counsellors in De-addiction Centers.

SECTION - C

2x20=40 marks

Answer any TWO of the following questions not exceeding 600 words.

16. Explain in detail the Theory and Practice of Transactional Analysis
17. Examine the Problems faced by Married Couples in Families today and the scope of Family Counselling.
18. Critically analyze the Scope and relevance of Counselling to Social work Practice and the Challenges faced by Counsellors in this field.
